



Azienda Ospedaliera

SANTA MARIA DEGLI ANGELI PORDENONE

S. MARIA DEI BATTUTI
SAN VITO AL TAGLIAMENTO

IMMACOLATA CONCEZIONE
MANIAGO

S. GIOVANNI DEI BATTUTI
SPILIMBERGO

S. GREGORIO
SACILE

SAMPLE PARENTS' GUIDE TO THE JOINT HOSPITAL/COMMUNITY BREASTFEEDING POLICY

Aims

We support the right of all parents to make informed choices about infant feeding. All our staff will support you in your decisions. We believe that breastfeeding is the healthiest way to feed your baby and we recognise the important benefits which breastfeeding provides for both you and your child. We therefore encourage you to breastfeed your baby.

Ways in Which We Will Help Mothers to Breastfeed Successfully

All the staff have been specially trained to help you to breastfeed your baby.

During your pregnancy, you will be able to discuss breastfeeding individually with a midwife or health visitor who will answer any questions you may have.

We recommend that you hold your new baby against your skin as soon as possible after birth.

The staff will not interfere or hurry you but will be there to support you and to help you with your first breastfeed.

A midwife will be available to explain how to put your baby to the breast and to help with feeds in the early days. A health visitor will provide support later on.

We will show you how to express your breastmilk and we will give you written information about this.

We recommend that you keep your baby near you whenever you can so that you can get to know each other. If any medical procedures are necessary in hospital, you will always be invited to accompany your baby.

We will give you information and advice about how to manage night feeds once you are at home.

We will encourage you to feed your baby whenever he or she seems to be hungry and we will explain to you how you can tell that he or she is getting enough milk.

We recommend that you avoid using bottles, dummies and nipple shields while your baby is learning to breastfeed. This is because they can make it more difficult for your baby to learn to breastfeed successfully and for you to establish a good milk supply.

Most babies do not need to be given anything other than breastmilk until they are six months old. If for some reason your baby needs some other food or drink before this, the reason will be fully explained to you by the staff.

We will help you to recognise when your baby is ready for other foods (normally at about six months) and explain how these can be introduced.

We welcome breastfeeding on our premises. We will give you information to help you breastfeed when you are out and about.

We will give you a list of people who you can contact for extra help and support with breastfeeding, or who can help if you have a problem.

Pregnant women who, after receiving information on breastfeeding, decide to formula feed their infants will be provided with one-to-one support and information on how to do so correctly and safely.

This is your guide to the breastfeeding policy.
Please ask a member of staff if you wish to see the full policy.